

# UNC SOCCER CAMP

## WHAT TO BRING

- T-shirts, shorts, & socks
- Soccer Cleats (Turf shoes as well if you have them)
- Sneakers and Sandals
- Shin Guards
- Soccer Ball
- Twin-size bed sheets, pillow, and a blanket
- Toiletries (toothbrush, shampoo, soap, deodorant, and towels)
- Sunscreen and Gold Bond Powder
- Alarm Clock
- Any Medicine you may need (ibuprofen, prescriptions, etc)
- Money for pizza offering prior to bed and camp store. We offer UNC Soccer Tshirts and Balls in the camp store
- Water bottle and Gatorade for dorm fluids. Snacks as needed outside of full buffet cafeteria offerings.
- Dorm is air conditioned so don't need a fan
- Dorm has an ice machine as FYI
- We recommend as little electronics as possible and UNC Soccer Camp is not responsible for any lost items.

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## **COMMUTER CAMPERS:**

You will need to bring the soccer and medical items mentioned above. All the other overnight items, you can ignore.

We will communicate the schedule and when and where to pick up each day as camp nears.

In between sessions, there is down time for kids to rest. If you are concerned about the amount of idle time where your child would be relaxing in the dorm lounge areas as opposed to a room, we recommend choosing the residential option.

Commuter campers are entitled to the following meals at the cafeteria.

Day 1: Dinner

Day 2: Lunch and Dinner

Day 3: No Meals

Commuter campers should eat breakfast prior to arriving to the fields on day 2 and 3